

**Together, we can make a
real difference.**

**One person, one family, and one
community at a time.**



www.kingsleyhealthcare.co.uk



Kingsley House, Clapham Rd S,
Lowestoft, NR32 1QS



info@kingsleyhealthcare.co.uk
philanthropy@kingsleyhealthcare.co.uk



@kingsleyhealthcare
@kingsleyphilanthropy

COMMUNITY WELLBEING

In partnership with
Total Balance Wellbeing Centre





About Kingsley Philanthropy

Kingsley Philanthropy is the charitable arm of Kingsley Healthcare, created to extend the group's compassion beyond care homes and into the wider community.

Through charitable partnerships and community initiatives, we provide practical help where it is needed most: financial assistance during times of crisis, funding for community-led projects, international scholarships, and support for initiatives that reduce isolation and improve overall wellbeing.



This Initiative

TotalBalance
Wellbeing Centre

Through our partnership with Total Balance Wellbeing Centre in Lowestoft, Kingsley Philanthropy is offering to subsidise chiropractic, osteomyology and sport massage treatment costs for local residents who may not otherwise be able to access the care they need.

This fund is designed to support people in the Lowestoft area, particularly those on low incomes, full-time carers, and older residents, by covering a portion of their treatment costs.



About Kingsley Healthcare Group

Kingsley Healthcare is a family-owned care home group founded in 1999 by Daya and Sumi Thayan. Starting with a single care home in Lowestoft, Suffolk, the group has grown into an award-winning national provider now operating over 45 care homes across the UK.

Headquartered in Lowestoft, Kingsley employs around 3,500 staff and provides residential, nursing, dementia, and specialist learning disability care. Consistently recognised as a Top 20 care group by carehome.co.uk and a certified B Corp, Kingsley's strapline "Let our family take care of yours" reflects the values of kindness, empathy, and family at the heart of everything we do.



45 Locations
4 Regional Hubs
3500 Staff